

Bakerlady



Perfectly Juicy Hamburgers

Ingredients:

2 pounds ground beef	2 tablespoons Worcestershire sauce
1 egg yolk, beaten	1/4 teaspoon chili powder
3/4 cup dry bread crumbs	1/4 teaspoon onion powder
3 tablespoons milk	1/4 teaspoon salt
2 cloves garlic, minced	3 pinches of fresh cracked pepper

Directions:

1. Preheat grill for high heat.
2. In a large bowl, mix the ground beef, egg yolk, bread crumbs, milk, Worcestershire sauce, chili powder, onion powder, pepper, salt and garlic using your hands. Form the mixture into 8 hamburger patties by pressing into a mold.
3. Lightly oil the grill grate. Grill patties 5 minutes per side, or until well done.