

Bakerlady



Moldy Maggot Stew

from [Rumbly in my Tumbly](#)

- 1 pound sausage (you can also use ground beef)
- 3 large garlic cloves, minced
- 1/2 cup chopped green pepper
- 1/2 cup chopped onions
- 1 15oz can black beans, rinsed and drained
- 1 can of whole kernel corn, drained
- 1 14oz can diced tomatoes, undrained
- 1 8oz can tomato sauce
- 1 6oz can tomato paste
- 1/2 cup water
- 1 tablespoons chili powder
- 2 teaspoons Italian Seasoning
- 1 teaspoon salt
- 1/4 teaspoon of pepper

DIRECTIONS:

Brown sausage. Add to crock pot along with all other ingredients. Simmer on low at least 4 hours and serve.

To add the maggots, make 1 1/2 cups Minute Rice and toss finished rice with oil to make glisten. Dump into the middle of your chili.